



**SUTTON ST JAMES C.P. SCHOOL**  
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Tel: 01945 440209  
Head Teacher: Miss Claire Willows



19<sup>th</sup> May 2025

Dear Parent/Guardian,

During the Summer term, children in Year 5 and 6 will have relationship and sex education (RSE) lessons where they will be taught through an education programme tailored to the age and the emotional maturity of the pupils. It will ensure that both boys and girls are prepared for the changes that adolescence brings and, drawing on the knowledge of the human life cycle set out in the national curriculum for science, how a baby is conceived and born.

The children will be taught the correct vocabulary for different areas of our bodies and changes that will happen through puberty: including changes in voice, growth of pubic and facial hair, body odour and the importance of keeping clean. The menstrual cycle will be explained to the girls in detail and the boys will be given a brief explanation of this also.

Some of this teaching will be delivered through a workshop on 1<sup>st</sup> July, run by Lincolnshire Stay Safe Partnership, and some by staff in school as part of their Science and PSHE lessons.

If a child is behaving in an immature way, and it is felt by school staff to be the case that they are interfering with the education of others, then they will be removed from the lesson.

If you would prefer your child to not take part in these lessons, or if you would like more information about what will be covered, please speak to me at your earliest convenience.

Yours sincerely,

*B. Richardson*

Mr Richardson  
(Herons Class Teacher)