



SUTTON ST JAMES C.P. SCHOOL
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Tel: 01945 440209
Headteacher: Miss Claire Willows



30th October 2024

Science Activity – Dental Hygiene

As part of our Science topic, we are learning about teeth. We will also learn the importance of good dental hygiene. With regard to the latter, we would like to give children the opportunity to see how well they brush their teeth.

The children will clean their teeth and then chew a disclosing tablet, which will stain the areas of their teeth that they have missed when brushing. They will then brush these areas again to see how they can improve their brushing technique / realise the importance of effective dental hygiene. The dye is non-permanent and will not harm their teeth or gums.

Following this, children will discuss effective methods of brushing and what constitutes good dental hygiene and some of the risks associated with poor brushing / diet on dental health.

Therefore, please send your child to school with their toothbrush and toothpaste inside a sealable food/plastic bag on **Monday 4th November**.

There is no cost involved or a need to buy new toothbrushes for your children. If you have any questions or concerns, please do not hesitate to ask. Please note the tablets are not suitable for vegetarians due to 'pre-gelatinised starch'.

Yours sincerely,

E. Dring

Miss Dring
Swans Class Teacher

Science Activity – Dental Hygiene

Child's name: _____

I * give / do not give permission for my child to use the disclosing tablets and bring their toothbrush and paste on Monday 4th November.

(* delete as applicable)

Signed: _____ (Parent/Carer)

(Please complete and return to school by Monday 4th November)